

# Standards for Practice

of North American Child and Youth Care Professionals

# **Background to 2017 Revision**

The Code of Ethics was last reviewed and approved by ACYCP in 1995, over 22 years ago. Over the span of two decades it has been used as a central component in the certification process of the Child and Youth Care Certification Board (CYCCB) as well as circulated by the Council of Canadian Child and Youth Care Associations (CCCYCA). It is used as a primary ethics foundation for a number of provinces and states in North America and referenced around the world. It has served it's time well as a guiding foundation of ethical Child and Youth Care practice.

The lead architect in the formation of this code of ethics was Martha Mattingly at the University of Pittsburgh (Mattingly, 1995). Her commitment and spirit of ethical practice is honored and present in this 2017 revision. The code, as it was developed under the leadership of Martha Mattingly, was intended as a living document that reflects the growth and development of the Child and Youth Care field. Most recently the ethics code was closely examined and applied to the online dimension of the life space of children and young people (Kamps, Kavanagh & Mayhew, 2017).

Over the past 16 months an ad hoc committee formed by ACYCP has reviewed the code in spirit and content as well as solicited feedback from practitioners. The update was submitted to the ACYCP board of directors for approval at the June 2017 board of directors meeting. This revision is the is the first revision undertaken of the code of ethics.

The ad hoc review committee, formed under the oversight of Jody Rhodes (President of the Association for Child and Youth Care Practice), was chaired by James Freeman (Past President of the Child and Youth Care Certification Board and contributor to the 2010 revision of the Competencies for Professional Child & Youth Work Practitioners) under the direction of the ACYCP Training and Research Committee Co-Chairs Christina Scanlon (Delegate at Large, ACYCP from Pittsburgh, Pennsylvania) and Frank Eckles (Past President, CYCCB from College Station, Texas).

Additional committee members included TC Cassidy, MPA, M.Div., CYC-P (Delegate at Large, ACYCP from Chattanooga, Tennessee), John Korsmo, Ph.D. (Past Delegate at Large, ACYCP and Faculty at Western Washington University), Jeff Reid, M.Ed., CYC-P (President of the Council of Canadian Child and Youth Care Associations), and Andrew Schneider-Munoz, Ed.D., CYC-P (Past President, ACYCP in Seattle, Washington).

It is our hope that the spirit of Martha Mattingly is continued in this revision, that ethical practice is accelerated across the field, and that future generations will take ethics as seriously as this revision committee has in our present day.

#### References

Kamps, C., Kavanagh, H. & Mayhew, A. (2017). Let's Get Over Ourselves! Cyber-Space is Life-Space: A Consideration of CYC Ethics Online. Toronto, CA: Ryerson University.

Mattingly, M. (1995). Developing professional ethics for child and youth care work: Assuming responsibility for the quality of care. Child and Youth Care Forum, 24(6), 379-391.

### Preface

These principles and standards provide a framework to guide ethical thinking and decision making across the various settings and roles in which Child and Youth Care Professionals serve.

Professional Child and Youth Care is committed to promoting the well being of children, youth, and families in a context of respect and collaboration. This commitment is carried out in a variety of settings and with a broad range of roles including direct practice, supervision, administration, teaching and training, research, consultation, and advocacy. In the course of practice Child and Youth Care Professionals encounter many situations which have ethical dimensions and implications.

As Child and Youth Care Professionals we are aware of, and sensitive to, the responsibilities involved in our practice. Each professional has the responsibility to strive for high standards of professional conduct. This includes a commitment to the centrality of ethical concerns for Child and Youth Care practice, concern with one's own professional conduct, encouraging ethical behavior by others, and consulting with others on ethical issues.

This ethical statement is a living document, always a work in progress, which will mature and clarify as our understanding and knowledge grow. The principles represent values deeply rooted in our history, to which there is a common commitment. They are intended to serve as guidelines for conduct and to assist in resolving ethical questions. For some dilemmas, the principles provide specific or significant guidance. In other instances, the Child and Youth Care Professional is required to combine the guidance of the principles with sound professional judgment and consultation. In any situation, the course of action chosen is expected to be consistent with the spirit and intent of the principles.

# **Principles and Standards**

#### I.Responsibility for self

- A. Demonstrates high standards of integrity and professional conduct
- B. Develops knowledge and skills necessary to benefit children, youth, and families
  - 1. Participates in education and training for ongoing professional development
- 2. Engages in ongoing supervision and/or counsel as appropriate
- C. Maintains physical and emotional well-being
  - 1. Aware of personal values and their implication for practice
  - 2. Mindful of self as a growing and developing practitioner
  - 3. Understands the importance of self-care and the responsibility to seek guidance, counseling, and support

#### II. Responsibility to children, youth and families

- A. Does not cause harm
  - 1. Encourages safe and ethical practice
  - 2. Does not disrespect, exploit, or intimidate others
- B. Maintains privacy and confidentiality as appropriate to role
- C.Ensures services are culturally sensitive and non-discriminatory (regardless of race, color, ethnicity, national origin, national ancestry, age, gender, sexual orientation, marital status, religion, mental or physical capacity/ability, medical condition, political views, or socioeconomic status)
- D. Provides protection and advocacy
  - 1. Recognizes, respects, and advocates for the rights of the child, youth and family
  - 2. Supports individuals in advocating for their own rights and safety
- E. Fosters self-determination and personal agency
- F. Encourages a child or youth's participation within a family and community, and facilitates the development of social networks
- G. Recognizes the life space of young people involves physical, emotional, mental and virtual domains (including social media, messaging, gaming, etc.)
- H. Respects the diversity of life patterns and expectations
  - 1. Affirms that there are differences in individual and family needs and meets those needs on an individual basis
  - 2. Ensures interactions reflect developmental age, status, understanding and capacity
  - 3. Adapts to individual needs when designing and implementing plans and programs (including psychological, physical, social, cultural, and spiritual needs)

- I. Values collaboration with colleagues and those from other disciplines
  - 1. Makes referrals to other professionals as necessary and seeks assistance to ensure access to needed services
  - 2. Observes, assesses, and evaluates services/treatments prescribed or designed by other professionals
- J. Ensures appropriate boundaries between professional and personal relationships
  - Recognizes and adjusts for dynamics related to power, authority, and position
  - 2. Does not engage in harassment or sexual misconduct with a child, youth, or family member

#### III. Responsibility to the employer and/or employing organization

- A. Responds to employer in a professional manner and seeks to resolve differences collaboratively
- B. Treats colleagues with respect, courtesy, and equity
- C. Models flexibility and inclusiveness in working with colleagues and family members
- D. Respects the commitments made to the employer or employing organization

#### IV. Responsibility to the profession

- A. Acts in a professional manner toward colleagues
  - 1. Seeks arbitration or mediation with colleagues as appropriate
  - 2. Reports ethical violations to appropriate individuals or boards when informal resolution is not appropriate or sufficient
- B. Encourages collaboration among professionals, children, youth, family and community to share responsibility for outcomes
- C. Ensures professional practice in training and research activities
  - 1. Ensures education and training programs are competently designed and delivered
  - 2. Ensures research is of high quality and is designed, conducted, and reported in accordance with quality and ethical standards
- D. Ensures that practitioners, supervisors and administrators lead programs according to high-quality and ethical practice

#### V. Responsibility to the community

- A. Promotes awareness of the profession and the needs of children, youth, and families to the community
- B. Models ethical behavior in relationships and interactions with community members
- C. Promotes respect and appreciation of diversity, racial equality, social justice and cultural humility
- D. Encourages informed participation by the public in shaping social policy and decisions affecting children, youth, and families

### **Revision committee members:**

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